## **Pre-Care Instructions (Eyeliner)**

- 1. If you are using an eyelash growth serum/booster, please immediately stop using the serum/booster soon after booking your appointment with us.
- 2. On the day of your scheduled appointment, please make sure to arrive with NO eyelash extensions, NO contact lens, NO makeup, and NO mascara on your eyes.
- 3. If you have eyelash extensions, please have them removed at least 3 days prior to the day of your appointment to ensure your eyelids are no longer sensitive due to the eyelash extension's glue.
- 4. For your safety and the safety of your baby, if you are currently pregnant or breastfeeding, we cannot perform the procedure and will ask you to cancel or reschedule your appointment.
- 5. Avoid facials, chemical peels, laser treatments, microdermabrasion, Botox injections and fillers for at least 2 to 3 weeks prior to your appointment.
- 6. If you have used Accutane within the last year, we will be unable to perform the procedure as it leads to increased swelling, bleeding, and pain. It will also impede your skin's healing process.
- 7. Must be free of skin irritations, such as sunburns, psoriasis, seborrheic dermatitis, and severe acne on the treatment area.
- 8. If you wear contact lenses, please do not wear them at your appointment and refrain from wearing contacts for at least 4 hours post procedure.
- 9. You must be off of antibiotics 2 weeks prior to your scheduled procedure.
- 10. Avoid blood thinners such as Ibuprofen, Aspirin, Aleve, Vitamin E, and Fish Oil at least 1 week before the procedure, unless it is medically necessary, in which case we will need a doctor's note.
- 11. Avoid alcohol or caffeine consumption 24-48 hours before your scheduled procedure.

## After Care Instructions (Eyeliner)

- 1. Wash your face normally with a gentle face cleanser such as Cetaphil to remove bacteria, build-up of products, oils and dead skin. Use a clean cotton pad to pat the area dry and apply a thin layer of ointment that is in your aftercare bag onto your eyeliner at night for 10 days. You may apply the ointment in the morning if the area is dry as needed.
- 2. Do not pick, rub or peel off your scabs, to avoid bald spots, scars, or infection (itching is normal as skin is repairing itself).

- 3. Keep the treated area clean and dry (use a q-tip if needed), avoid environments that would cause dirt or germs to contact the area.
- 4. Avoid tanning and excessive sun exposure for at least 3 to 4 weeks after the procedure.
- 5. It is recommended to not sweat and exercise after the procedure for at least a week.
- 6. Keep your hair away from your face.
- 7. No eye makeup (mascara, eyeliner, eyeshadow, etc.) on the treated area for 7 -10 days.
- 8. Do not use mascara until outer healing is complete.
- 9. Avoid sleeping on your face, use a fresh pillowcase
- 10. Avoid face-down swimming in pool, sea, lakes, and hot tubs for the first 7-10 days.
- 11. Avoid excessive rinsing and hot water on the treated area.
- 12. Do not wear contact lenses until at least 24 hours after the procedure.
- 13. Have sunglasses available to protect the treated area from UV rays.
- 14. Do not dye, perm, or use an eyelash curler for 2 weeks
- 15. Expect eyelids to be a bit puffy and swollen for a couple days.
- 16. Eyes may feel dry/irritated and may be sensitive to light post procedure. You may bring your sunglasses and lubricate your eyes with eye drops.
- 17. No eyelash serums or growth stimulation, these products might cause pigment migration.
- 18. Picking or pulling off skin that is not ready to come off will cause pigment loss and can pull out deeper tissue.

## What to Expect After Service

- Day 1 | Procedure day! Eyeliner may be slightly larger and darker. This is due to color oxidation and is a normal part of the healing process.
- Day 2-3 | Your eyeliner may feel tight and dry but not painful.
- Day 3-5 | Your eyeliner will begin to flake and shed naturally due to healing. It is common for your color to appear lighter than it will eventually heal. This is only temporary as your freshly healed skin is hiding the true color underneath. Over the next several weeks your color will resurface.
- Day 45 | At 6 weeks your eyeliner is fully healed.